

Basic Psychotherapy

基礎心理治療

This module will provide students with a solid grounding in psychological intervention, as applied to mental health care. The historical perspectives, theoretical basis, therapeutic process and practical applications of some commonly known psychotherapeutic approaches including Cognitive Behavioral Therapy, Psychoanalysis, Hypnosis, Group Therapy & Counseling will be discussed

Basic Psychotherapy	
Study Period:	26/1 – 23/2
Tuition Fee:	HK \$8,500
Topic:	
	History and development of psychotherapy
	Overview of psychotherapeutic approaches
	Psychotherapy for personality disorders
	Mindfulness based interventions
	Psychodynamic approaches to psychotherapy
	DBT and interpersonal therapy
	Marital therapy
	Family therapy
	Bereavement counselling
	Cognitive behavioural therapy - Theory and principles
	Cognitive behavioural therapy - clinical approaches
	Psychological intervention for severe mental disorders

Severe Mental Illness and Risk Assessments

重性精神病及風險評估

This module aims to equip students with an in-depth understanding of the multidisciplinary approach to the care for severe mental disorders ranging from Schizophrenic Spectrum Disorder, Bipolar Affective Disorder, Organic Psychotic/Mood Disorder, Substance-related Mental and Behavioral Disorders and Personality disorders.

Severe Mental Illness and Risk Assessments	
Study Period: 2/3 – 18/5	
Tuition Fee: HK \$6,300	
Topic:	
Schizophrenic and related psychotic disorders I. diagnostic issues	
Substance-related mental and behavioural disorders at tertiary care level	
Bipolar affective disorder and bipolar spectrum disorder : I. diagnostic issues	
Bipolar affective disorder and bipolar spectrum disorder: II. assessment and management	
Suicide and mental health	
Organic psychotic/ mood disorders	
Mental health ordinance	
Case management approach and community rehabilitation for SMI	
Risk assessment and prediction of violence	
Introduction to forensic psychiatry	
Schizophrenic and related psychotic disorders II. assessment and management	

Child and Adolescent Psychiatry

兒童及青少年精神健康

This module aims to equip students with the knowledge and understanding of issues pertaining to children's mental health. A developmental perspective and multidisciplinary approach will be introduced. The assessment and management of common disorders ranging from neurodevelopmental problems, internalizing problems and externalizing problems will be covered. At the end of the module, students should have developed the basic skills in the identification of child and adolescent mental health problems, and be aware of the appropriate intervention strategies and services available.

Child and Adolescent Psychiatry	
Study Period : 23/3 – 4/5	
Tuition Fee: \$6,300	
Topic:	
Childhood/adolescent onset psychotic disorders	
Pharmacotherapy for child and adolescent psychiatric problems	
Service delivery models in child and adolescent psychiatry	
Child mental health assessment: developmental perspective, family approach and multidisciplinary approach	
Externalizing problems: ADHD/ODD/CD	
Pervasive development disorders	
Specific learning difficulties	
Child abuse and related issues	
Eating disorders	
Internalizing problems	

Old Age Psychiatry

長者精神健康

This module will equip students with basic knowledge and understanding concerning common mental health problems in late life. Assessment and management skills for mild cognitive impairment, dementia, delirium, depression, and adjustment problems will be introduced. Fundamentals of pharmacological and non-pharmacological intervention in the context of multi-disciplinary service models will be emphasized.

Old Age Psychiatry	
Study Period:	23/3 – 11/5
Tuition Fee:	\$6,300
Topic:	
	Pharmacotherapy for old age psychiatric problems
	Non-pharmacological interventions in old age psychiatry
	Mental capacity and consent to treatment
	Community service for the frail elderly and how to promote brain health
	Dementia and mild cognitive impairment
	Delirium in the Elderly
	Innovative technologies in cognitive training
	Service models and preventive aspects in psychogeriatric
	Cognitive assessment for the elderly
	Functional assessment for elderly
	Carer interventions in elderly mental health problems
	Guardianship and ethical issues
	Vascular cognitive impairment
	Depression in the elderly
	Suicidal behaviours in the elderly