

M.Sc. in Mental Health

Department of Psychiatry, The Chinese University of Hong Kong

Second Year Program (2017-18)

General Guidelines on Clinical Supervision and Practice I and II

(MHLS 5105-5106)

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01. Introduction

The two modules **MHLS 5105 and 5106** count towards 8 units of the second year program. These two modules require work-related exposure in settings involving care of persons with mental health problems or mental disorders, for four hours per week for 40 weeks. Students are required to submit **six case reports (800-1500 words each)** and discusses with clinical supervisors assigned to the program directors.

Student should arrange regular meetings with the assigned supervisor through teleconferencing, Skype or other internet platforms, or meeting in person during the modules.

MHLS 5105 (Clinical Supervision and Practice I) in the first term, each student is required to conduct three in-depth case discussion with his/her supervisor and submit three accompanying case reports in the format suggested below (see Section 03). Both components will be rated by the clinical supervisor using the **“Clinical Supervision Assessment Form”** (see Section 04). The deadline for submitting the first term reports is December 8th, 2017.

MHLS 5106 (Clinical Supervision and Practice II) also requires each student to conduct three in-depth discussions with his/her supervisor and submit three accompanying reports in the formats suggested below (see Section 03). Both components will be rated by the clinical supervisor using the **“Clinical Supervision Assessment Form”** (see Section 04). The deadline for submitting the second term case reports is May 31st, 2018.

In addition to the continuous assessment, there will be an **“Exit Assessment”** at the end of the second term.

The **“Exit Assessment”** is a combined assessment of modules on **“Research Project II”** and **“Clinical Supervision and Practice II”** of the year 2 program of the Master of Science in Mental Health. The two components of the Exit Assessment are: i) Written Examination—50 Multiple Choice Questions to be completed in 60 minutes (5% of total score); ii) Oral Examination (25% of total score).

The Exit Assessment aims at systematically examining the following attributes:

a. In the professional skills related to mental health sciences:

- a1. An awareness of the relative benefits, costs and risks of different procedure and treatment
- a2. Openness to change in one's practice and beliefs in the light of demonstrated advances in knowledge;

b. In research in mental health sciences:

- b1. Adherence to the relevant ethical principles in clinical research;
- b2. Conformity to general accepted scientific principles, should the research be based on a thorough knowledge of the scientific literature, or be planned and executed according to established standards;

c. In the professional role of being a health care worker serving in fields related to mental health science:

- c1. Recognizing the obligation to maintain appropriate ethical standards in one's professional practice, and in those aspects of one's personal life;
- c2. Seeking to develop constructive and cooperative working relationship with colleagues and other mental health professionals involved in the provision of care to patients;
- c3. Expressing viewpoints with candor and respect in the event of differences of opinion;

Details of the oral examination:

The panel of examiners will grade the oral examination that contributes to 25% of the total score on MHLS 5303 (Research Project II), as well as MHLS 5106 (Clinical Supervision and Practice II).

The panel of examiners for the *oral* examination shall be,

Program Director/ Module Supervisor/Panel Chairman

Format of Exit Assessment (Oral Examination):

- a. 10 minute presentation of thesis.
- b. 10 minute discussion with examiners on areas related to thesis.
- c. 10 minute viva on areas related to case studies submitted, aspects on mental health care and services with special relevance to this locality. Ability to synthesize book knowledge into practical applications to different service settings will be emphasized.

02. Warning about plagiarism

Attention is drawn to University policy and regulations on honesty in academic work, and to the disciplinary guidelines and procedures applicable to breaches of such policy and regulations. Details may be found at <http://www.cuhk.edu.hk/policy/academichonesty/> .

With **each written assignment**, students will be required to submit a signed **declaration** that they are aware of these policies, regulations, guidelines and procedures. For group projects, all students of the same group should be asked to sign on the declaration.

03. Clinical supervision and format of case reports

Student should arrange regular meetings with the assigned clinical supervisor through teleconferencing, Skype or other internet platforms, or meeting in person for a minimum of 40 weeks during the modules. The supervisor should systematically guide the student to explore the clinical materials presented and develop clinical foci of interest unique to individual cases and with special relevance to the clinical setting or expertise of the student. Wherever applicable evidence-based practice should be encouraged in actual clinical practice or when writing up the case formulation.

Suggested format of the case report should include the following headings:

1. Reason for referral
2. History of presenting complaints
3. Past Psychiatric History
4. Past Medical History
5. Family History
6. Social and personal history, Premorbid Personality
7. Mental State Examination
8. Physical Examination (Optional)
9. Problem list or differential diagnosis
10. Case formulation (on important etiologies, prognostic factors and treatment factors)
11. Management plan and progress

Sensible precautions should be taken to ensure that the case materials should be anonymous and contain no personal identifiers.

04. Clinical supervision assessment form

Name of Student: _____

Case Report Title: _____

Part A

Please rate the following aspects of the presentation and discussion(Please circle the rating).

	1 Very poor	2 Poor	3 Marginal	4 Pass	5 Good	6 Excellent
History taking	1	2	3	4	5	6
Mental state examination	1	2	3	4	5	6
Clinical judgment and interpretation	1	2	3	4	5	6
Management and Progress	1	2	3	4	5	6
Case presentation - structure and content	1	2	3	4	5	6
Case presentation - language and presentation skills	1	2	3	4	5	6

* A rating of 4 or above is generally considered as satisfactory

Part B. Case report

Suggested format:

Reason for referral

History of presenting complaints

Past Psychiatric History

Past Medical History

Family History

Social and personal history, Premorbid Personality

Mental State Examination

Physical Examination (Optional)

Problem list or differential diagnosis

Case formulation (on important etiologies, prognostic factors and treatment factors)

Management plan and progress

Word limit: 800-1500

Remarks:

A > 73

A- 70 – 72

B+ 66 – 69

B 63 – 65

B- 60 – 62

C+ 56 - 59

C 53 - 55

C- 50 - 52

F (Fail) < 50

Overall score (out of 100; pass mark =50): _____

05. Grade calculation

Total raw score on MHLS 5105=Average score of three case reports

Total raw score on MHLS 5106=Average score of three case reports (70%) + Exit Assessment (30%)

The raw scores will be normalized by the OES to grades set by the University. The grade conversion to grade point (converted point) is shown as follows:

Grade and Standard	Sub-divisions (if Needed)	Converted Points
A : Excellent	A	4.0
A- : Very Good	A-	3.7
B : Good	B+	3.3
	B	3.0
	B-	2.7
C : Fair	C+	2.3
	C	2.0
	C-	1.7
D : Pass	D+	1.3
	D	1.0
F : Failure	F	0.0
P : Ungraded pass	Not counted in the calculation of the grade point Average (GPA)	

06. Recommendation for Award of MSc in Mental Health

- 1) At the end of the second year program, 31 credit units could have been earned (include 19 units from mandatory courses, 4 units from elective course and 8 units by research project) within designated period of study (normative 2 years, maximum 4 years); AND
- 2) 80% attendance of the lectures and tutorials; AND
- 3) Achievement of a ***cumulative overall GPA of at least 2.0.**

Term GPA= Total of (Converted Points x Module Units)/(Total number of Term Units attempted);

*Cumulative GPA = Sum of(Converted Points x Module Units)/Sum of (Total number of Units attended)